

WHAT IS SUCCESS

I will find it difficult tell you what success looks like. Success means different things to different people: being able to look after their family, having a comfortable balance in the bank, giving back to their community, etc.

Even these definitions are widely subjective.

“However you define success, some traits can carry you to the achievement of your success.”

There are a number of ‘Keys to Success’ in life. Many of them are very logical. At the end of the day, successful people simply ‘perform’. But sometimes this is easier said than done. “If performing was so easy we would all be able to do it”

Despite what you might think, there is only one common factor to success in life
“A person with the drive and enthusiasm, combined with an ability to influence one’s own self in a positive way.”

THE PROCESS

The process is an important one and before we look at the Keys themselves, let us try to understand the processes involved.

GOAL SETTING

Goal setting is the centre piece of planning, and without planning we can only ever say that success if it comes was by fluke and fluke alone. With effective goal setting we can create an environment that breeds a feeling of being a winner and ultimately a success.

First we need to be able to see the big picture. Then we must work systematically and smart towards a specific set of achievable goals.

MENTAL PREPARATION

It is important to be able to take time to think. Rushing from one thing to the next leads to poor habits. Think about what you want and of the various ways available to achieve a positive outcome.

LIFE STYLE

To be successful the old adage 'First we have to overcome ourselves' is so very true.

First of all we must take care of ourselves and this is easier said than done. Being healthy, exercise regularly, eating and sleeping well are essential.

EVALUATION

We must be able to evaluate ourselves honestly. That might mean accepting things that you would rather not accept but deceiving yourself is just another way of cheating, which ultimately leads to failure.

SELF BELIEF

Successful people believe in themselves and back their judgement. It is this quality that pushes people through the hard times. For athletes this might be the hard slog of training while for the administrator this might be finding funds when there are none to be found or backing a plan that hits a plateau and seems to be getting nowhere.

RECITIFICATION

By being able to admit when you have failed means that you have a chance to rectify the situation. This is always a tough call as in many ways it is the opposite to maintaining self belief.

RESPECT

In any system of success the successful person has respect for those around and are known for their willingness to help others to succeed. Jealousy and antipathy towards colleagues and even rivals only brings you down as well.

AVOID DISTRACTIONS

Having decided on a plan of action it is important to 'Stay the Course' and be sure to see something through to a point where proper evaluation can take place. There is no point in switching mid-stream.

ENJOYING

Successful people have fun. If you are not enjoying it. **“QUIT NOW”** because you are probably making everyone else around you miserable too.....

THE FRAMEWORK

Successful people develop the framework from which success is produced. Framework represents resources, systems, support people etc. What I mean is successful people develop such resources, systems and identify people who can help them in the process and seek help. The framework is an effective one so that the processes we have discussed can occur and prosper.

Success then comes as a qualification of achievement

THE KEY

So finally to the Keys themselves.

Like any key, it must fit into a lock and this lock is called **Trust**. By working through the processes, the lock that opens the door to success is revealed.

FINAL WORD

Most successful people exhibit uncommon commitment. They know what they want, Believe they can get it and let nothing stand in their way.

So get out of your comfort zone, discover your dream , commit to your dream and design a compelling life plan , work hard and smart.

Do not forget to minimize the gap between what you say and what you do.

By: NTC Team

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